

Saint Anthony of Padua

Parish Bulletin

SIXTH SUNDAY OF EASTER

MAY 6th, 2018

Jesus wants our joy to be complete

Jesus says in John 10:10: "I came that they may have life and have it abundantly." And today He says, "I have said these things to you so that my joy may be in you, and... your joy may be complete" (Jn 15:11). Jesus wants us to have His joy, complete joy, and there are three secrets to it.



1) Pope Benedict said that Jesus rejoiced "in what counted most: his unique communion... with the Father." In other words, He was joyful because God is His Father, and that means Jesus was always loved and protected, and there was a plan for Him.

Think about it: Whenever we lose our joy, it's because we don't feel loved and don't see the plan. If I told you that whatever's bothering you today is part of a great plan and that you're going to understand it very soon and that all this suffering would make sense... then joy would come back, wouldn't it?

But we're also protected. Do you remember the story about Johnny? He's a "four-year-old tossing and turning in bed, anxious, stressed out... over how he's going to pay the heating bill, buy groceries, and pay the mortgage. He can't sleep. The next morning he gets up, goes to the playground, and his buddies on monkey bars say, 'Johnny... you look tired, what's going on?' He says... 'I don't know how to pay the heating bill, I don't know how to drive to the grocery store and get groceries, I don't know how I'm going to pay the mortgage.' His friends... look at each other and say in a matter-of-fact way, 'Johnny... our dad does that for us. Our mom does that for us.'" Every time we lose our joy for a bad reason, think about Johnny: Does our father take care of that?

2) Joy comes from fulfilling the commandments. In the Gospel, Jesus connects joy with obedience and love (Fr. Raymond Brown, *The Anchor Bible*). He says, "If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, that my joy may be in you, and that your joy may be full" (Jn 15:9-11).

Real joy comes from keeping God's commandments. For

example, let's say we always get into arguments with our family. We raise our voice unnecessarily and say things that we shouldn't say. Why does this keep on happening? Because, during an argument, we get mad and just have to say something mean. But how do we feel afterwards? Horrible. We actually feel worse because of the guilt.

The better way is to keep the commandments: When we're in an argument, stay calm and don't say anything. Now exercising self-control may make us feel like we're going to explode, but, believe it or not, we will feel better for not having said something stupid.

Take lying, for instance: None of us actually feel good about lying. Look at kids: The more they lie, the sadder they are. But, if they tell the truth and accept responsibility for what they've done wrong, then joy can return.

The deepest joy comes from virtue, meaning doing the right thing. There's a famous story from St. Francis of Assisi about true joy: One day he called Brother Leo and said: "Brother Leo... write what true joy is... A messenger comes and says that all the masters of theology in Paris have joined the [Franciscan] Order—write: that is not true joy... Or that my friars have gone to the unbelievers and have converted all of them to the faith; or that... I heal the sick and I perform many miracles... True joy is not in all those things." [...]

Similar to what we said last week, it's not so much what happens to us, but what comes out of us. For me, some of the most deeply satisfying moments in my life have been when I was treated badly, misunderstood, insulted, but, when I tried to love, I realized I had grown and was able to love as Jesus loved. And let me add this: True virtue always means doing the right thing. So, if you're exhausted, take care of yourselves. Go take a nap, eat a healthy meal, unplug and do something truly rejuvenating.

3) In St. John's Gospel, joy is often connected with salvation: There are so many verses where people rejoice because of Jesus saving us, eternal life, etc. (Brown, 681). For us, this means that God will often take away things that give us less joy in order to give us a deeper joy. For example, when I was young and our family would go to these big family get-togethers, there was the adult table and a kids table. We kids ate in 10 minutes and then went and played all around the house—it was so much fun! And I remember looking at the adults who would sit at the same table for three hours! It seemed so boring. But, as I've grown, as much as I like playing outside, I realize there's more joy being with my family and friends and sharing our joys, hopes, sorrows and difficulties. Talking for hours with our loved ones is one of the most satisfying experiences we have.

Now sometimes, on our own, we realize there are better things in life. But, quite often we struggle to get to more important things. Why? Because we get addicted to immediate gratification and achievement. So many people, for example, are addicted to getting quick fixes: They can't commit to what they're

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 Hours Tuesday—Friday
 9:00 am—12:00 noon
 1:00 pm—3:00 pm
 In case of emergencies,
 please call the office anytime.

Web: stanthonyvan.com
 Email: office@stanthonysvancouver.org

Parish Registration

Our parish family warmly welcomes new parishioners. Please register at your earliest convenience by filling out a registration form located in the vestibule or by stopping by the parish office during office hours. If you are registered and moving, please advise the parish office.

Sunday Masses

Saturday 5:00 pm
 Sunday 8:00 am, 10:00 am, 12:00 pm

Weekday Masses

Monday 8:15 am
 Tuesday 7:30 pm
 Wednesday-Friday 8:15 am
 Saturday 9:00 am

Lauds

Weekday 8:00 am *except Tuesday*
 Saturday 8:45 am
 Sunday 7:45 am

Confession

Weekday 8:00 to 8:10 am *except Tuesday*
 Saturday 9:45 am & 3:45 pm to 4:45 pm
 1st Saturday each month 9:45 am to 1:00 pm;
 1:30 pm to 4:30 pm;
 7:00 pm to 9:45 pm

Eucharistic Adoration

(1365 West 73rd Avenue) Tuesday to Friday: 9:00 am to 10:00 pm in the chapel

First Friday of each month: 8:45 am to 10:00 am in the church followed by Benediction.

First Saturday of each month: 9:30 am to 9:30 pm in the church during all-day confessions.

Please call the parish office for more information on other Sacraments and Rite of Christian Initiation of Adults (RCIA) classes.

St. Anthony of Padua School

Preschool to Grade 7
 1370 West 73rd Avenue,
 Vancouver, BC V6P 3E9
 Principal: Darren Yanko

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 Website stanthonyofpaduaschool.ca
 School Email office@stanthonyofpaduaschool.ca
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Weekday Masses & Intentions

Day	Feast or Memorial	Missal Page	Intention
Monday, May 7	Ferial	351	Colombe DeGagne †
Tuesday, May 8	Ferial	353	Maricar Coronel †
Wednesday, May 9	Ferial	356	Mary Messere
Thursday, May 10	Ferial	360	Vic & Genevieve Sharan
Friday, May 11	Ferial	363	Eleonora Piazzon †
Saturday, May 12	Ferial	366	Terrence Scully †

Prayers for the Sick At Holy Mass we remember the sick including: Nita Carvajal, Nung Chum, Isobel Clancy, Nick De Vos, Elaine dos Remedios, Teresa Gaio, Cecile Hernandez, Yvonne Kharoubch, Molly Loui-Ying, Huguette Piché, Barney Rousseau, Therese Rozario, Filomena Sison, Liliana Taylor, Fernando Tiago and Theresa Yoshioka.

School Announcements**PEC: Call for Nominations**

The annual election to the Parish Education Committee (PEC) is scheduled for the weekend of Sunday, May 27. If you would like to nominate someone to serve on this very important body, which oversees the operation of our school, please pick-up a nomination form at the Welcome Booth, or contact Fr. Justin at the Parish Office. **NOTE:** candidates must be capable, and devout Catholics who are registered members of this parish, and have a passion for



Discipline That Doesn't Divide
Wednesday, May 16, 7 – 8 pm
 followed by discussion and refreshments until 8:30 pm
St Anthony of Padua
 Church Basement
 1345 West 73rd Ave., Vancouver
 Speaker: Dr Deborah MacNamara

ANNOUNCEMENTS

St. Anthony of Padua Parish
 May 19 & 20, 2018
Spring Carnival
Name Tag Weekend
 After All Weekend Masses



Bubble Tea (10 oz.), 2 pc Oven Baked-Chicken Combo with 3 game tickets.....	\$5.00
Coffee & 2-pc Oven Baked Chicken Combo with 3 game tickets.....	\$4.00
(Oven Baked) 1 pc. Chicken with 1 game ticket.....	\$1.50
Bubble Tea with 1 game ticket.....	\$2.50
Coffee (10 oz) with 1 game ticket.....	\$1.00
Garlic Parmesan Topping.....	Free

Bubble Tea Flavours: Milk Tea, Green Tea, Taro Bubble, Mango Bubble
 Actual colours may vary.

Reservations accepted at the Welcome Booth or call 778-319-7814.

PROJECT ADVANCE **Live gratefully, give generously.** Our campaign continues this weekend, as we aim to raise funds that will benefit our Parish Centre Building Fund, after our Archdiocesan goal of \$36,000 is raised. Pick up your pledge form after Mass! For more info, please contact Anna & Jack Lam at jacklam57@shaw.ca.

Our Lady of Fatima Presentation



We invite you to honour our Blessed Mother on the eve of Mothers Day and the 101st anniversary of Fatima by attending this special presentation by Angie Dee, MA Theology on **Saturday, May 12 at 7:00 PM in the Church Basement.**

Angie will unpack the complete message of Fatima and its historical connection to Communism, Islam, two World Wars, the popes of the last century and the perilous state of the world today. Her presentation includes history, catechesis, theology and pastoral advice in order to give clear direction and renewed hope through the Immaculate Heart of Mary. Angie's long association with Fatima includes a private visit with Sr. Lucia in 1992, and she gave this presentation at a Marian Congress in Manila with over 6,000 in attendance. Don't miss this special opportunity!

*** Refreshments and light snacks will be served. Please bring some thing to share. Thanks!**

Annual Covenant House Drive

The CWL of our parish has partnered again with Covenant House, and are requesting donations of unused toiletries (soap, toothpaste, shampoo, etc). All donated items will go to abandoned and homeless youth in Vancouver. Please drop off your donations in the boxes located in the church foyer before Mass on the weekends of May 6th & 12th.

CWL Bake Sale



Join us for our classic monthly bake sale on Sunday, May 6 after the **8:00 am & 10:00 am Masses only.** Here's a Mother's Day gift idea! These lovely handcrafted brooches, made by parishioner Kit Au will be for sale. All proceeds will be donated to the parish.

Are Men Under Seige? What does it mean to be a man? Something has profoundly changed in our society. This dynamic panel will help young professionals figure out what's happening in the dating scene, the workplace, and what this means to you as you think about marriage and family. Presenters: Fr Justin Huang, pastor at St Anthony of Padua, Jared White of Advokate, Marisa Ruggier-Andrews RCAV HR director. Find out at the Art Gallery Cafe, on Monday, May 7th, 6:15 pm - 9:00 pm. Register: 604-733-6266. Cost: \$20 at the door, includes food, beer, and drinks. *The YP Lounge is a career and life membership program for young professionals who are eager to succeed in career and balance their life in preparation for dating, marriage and family.*

Complete joy

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going to do on the weekend or next year because something better might come up. So they can't make the commitment necessary to have fulfilling, meaningful relationships; and they're stuck. Some of us are so addicted to working and achieving that we don't know how to rest, and we're stuck.

So God will sometimes take away good things to force us to focus on something deeper. He'll take away success to make us focus on character. He'll take away our health to make us focus on family. He may even take away family to make us focus on eternity. Like I've said before, as we grow old, He takes away our physical beauty. Why? So that we focus on our internal beauty, which is more satisfying.

I've come to realize that the best evenings with family and friends are the ones where we talk for hours, and then finish with prayer! The best moments in life are when we see people come closer to God and help them get there.

Today, when we receive Jesus' blessing or Holy Communion, let's ask Him to heal our lack of joy. Let's talk to Jesus about our problems and listen to what He suggests. And then, by God's grace, let's choose to root ourselves in Christ.

- excerpt from Fr. Justin Huang, May 6, 2018

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THE CATHOLIC WOMEN'S LEAGUE
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SERVING WITH FAITH AND JOY
 We would like to invite the ladies of the parish to become members of the CWL. Meetings are normally held the 1st Saturday of the month at 10:00A.M. For more information, please email Ai-Lin aleng@shaw.ca

Kids Soccer School: Mahingkeung
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